WELCOME TO MELBOURNE AUSTRALIA

DATE: 4TH TO 6TH OCTOBER 2018
The 2018 Annual Scientific Meeting will be both the 10th Anniversary Meeting, and also the first meeting fully incorporating open hip surgery into our Society and our Annual Meeting. We are planning some special events to mark these major milestones in our Society’s development.

Melbourne is one of the world’s most multicultural cities, and is the perfect place for this coming together of arthroscopic and open hip surgeons to occur.

October is a perfect time to visit many of the great attractions of Melbourne, and also the rest of the country. Come and enjoy a fantastic meeting. Catch up with wonderful friends and also make some new friends. Maybe stay a while after the meeting, and enjoy some of the many delights the country has to offer.

www.ishaconference.com

SET ON THE SHORES OF PICTURESQUE PORT PHILLIP BAY, MELBOURNE, THE CAPITAL OF THE STATE OF VICTORIA, IS RICH IN AESTHETICS.
The city’s charm is characterised by its enchanting laneways, stunning waterfront precincts and trendy neighbourhoods, and provides an endless range of shopping hot spots and attractions in weird and wonderful locations.

MELBOURNE: FACTS
> Australia’s multicultural hub, representing over 230 ethnic communities with more than 180 languages spoken
> Safe and secure
> More than 6500 restaurants, cafés, bistros and bars within 15 minutes of the city centre
> The leading destination in Australia for major international sporting and cultural events including the Spring Racing Carnival, featuring the Melbourne Cup, the Australian Open Tennis Championships and the Boxing Day Cricket Test

VISAS
Australia’s Electronic Travel Authority (ETA) is the world’s most advanced and streamlined travel authorisation system.

ETA allows citizens from 30+ countries to access an instant online application. If your country is not listed under ETA, your visa will be processed by the nearest Australian visa processing office. If your country does not have a visa office, VFS Global can process your application. For more information, http://www.border.gov.au/

FLYING TO MELBOURNE
Melbourne Airport is open 24 hours, is curfew free and just a 20 minute drive from the city centre.

Getting to Melbourne may be less expensive and easier than you think!

ACCOMMODATION
A wide range of accommodation options are available in the city centre; from budget to self-contained apartments and world-class hotels.

Most major hotel chains are represented in Melbourne, including Hyatt, Marriott, Sheraton, Sofitel, Novotel, Travelodge, Holiday Inn, Hilton, InterContinental, The Langham and Westin.

WEATHER
Average daily temperatures:

<table>
<thead>
<tr>
<th>Season</th>
<th>Temperature</th>
<th>Months</th>
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<tbody>
<tr>
<td>Summer</td>
<td>25°C/78°F</td>
<td>December - February</td>
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<tr>
<td>Autumn</td>
<td>21°C/69°F</td>
<td>March - May</td>
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<tr>
<td>Winter</td>
<td>16°C/58°F</td>
<td>June - August</td>
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<tr>
<td>Spring</td>
<td>20°C/67°F</td>
<td>September - November</td>
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GETTING AROUND MELBOURNE
> Great walking and wheelchair accessible city
> Tourist Shuttle Bus
> Free Tram Zone in the city centre
> Free City Circle Tourist Tram
> Free 15 language Melbourne greeter service

EASY AIRPORT AND CITY ACCESS
Taxis     AU$45 approximately
Skybus    AU$18 - Every 10-15 minutes direct to the city centre

www.melbourne.org
MURRAY REGION
The world’s third longest navigable river, the Murray River, forms the border between New South Wales and Victoria before heading south through South Australia to the ocean. The Murray River region is the state’s very own Australian outback, blessed with a mild Mediterranean climate and a range of outdoor activities.

YARRA VALLEY
Less than one hour’s drive from Melbourne, the picturesque Yarra Valley is famous for its vineyards, rolling green hills and the pleasures of locally produced food and wine. The Dandenong Ranges is a popular escape for its mountain scenery, forests and fern gullies. Drive, walk, wander or float through in a hot air balloon.

GREAT OCEAN ROAD
One of the world’s most scenic drives, the Great Ocean Road follows Victoria’s stunning south-western coastline past the famous Twelve Apostles. From Torquay, south of Geelong, to Peterborough, east of Warrnambool, the 243-kilometre road winds along cliff tops, moves under the canopies of lush rainforests and cruises down to the shoreline.

GRAMPIONS
The Grampians region, with its expansive landscapes, has stunning national and state parks, indigenous history and breathtaking scenery. The Grampians National Park features spectacular rocky outcrops, 200 bird species, Aboriginal heritage trails and Victoria’s largest collection of rock art. Survey its beauty by following one of the region’s 40 walking tracks.

MORNINGTON PENINSULA
From mushroom foraging walks in winter, to strawberry picking in summer, Mornington Peninsula is awash with outstanding local produce that is found in the many award-winning restaurants in the region. While in the area be sure to get lost in Ashcombe Maze or soak any worries away at the Peninsula Hot Springs.

VICTORIA’S HIGH COUNTRY
Head for the spectacular scenery and high altitude of Victoria’s high country. The region is renowned for its welcoming villages, long traditions of wine making, fine local produce, adventure and outdoor activities in the breathtaking alpine scenery. Take to the slopes for skiing in winter, or in the warmer months explore the mountains on horseback or bike.

PHILLIP ISLAND
Phillip Island is a popular destination for its nature and wildlife, as well as its international motor racing events. Just 90 minutes from Melbourne, experience the famous Penguin Parade, Australia’s most popular wildlife event, where every day at dusk a parade of little penguins emerge from the sea and make their way to their burrows in the sand dunes.

DAYLESFORD AND MACEDON RANGES
Daylesford and Macedon Ranges is the state’s capital of indulgence, offering spa retreats and natural springs, great cafés and fine dining just over an hour from Melbourne. More than 80 per cent of Australia’s naturally occurring mineral springs are found in the region.

GIPPSLAND
Escape to the eastern corner of Victoria and be rewarded with natural landscapes of unparalleled beauty. Visit quaint seaside villages and alpine towns; fill up on farm-fresh produce; get active on the region’s lakes, rivers and mountain ranges; or simply relax on the pristine beaches.

EXPLORATION STARTS HERE
www.melbourne.org