

August 2018



Dear Delegates

I am delighted to be hosting the bike ride conducted as part of the ISHA meeting on Saturday, 6 October 2018. Melbourne has produced many famous cyclists over the years including Phil "Skippy" Anderson who was the first non-European to hold the yellow jersey in the Tour de France. Cadel Evans, the winner of the Tour de France in 2011 came from Barwon Heads, a nearby coastal town.

We will be riding along Beach Road, the Mecca for Melbourne cyclists. The road is smooth and fairly flat and there are few traffic lights despite being close to the CBD. On Saturdays, there are a few cars but hundreds of bikes.

We aim to leave the Pan Pacific Hotel around 6 AM and will ride to either Black Rock or Mordialloc depending on conditions. The aim will be to get you back around 8.30 to 9 AM. We will finish the ride with a well-earned coffee at a nearby café. Melbourne is world-famous for its quality of coffee.

High-quality road bikes can be hired from www.livelo.com.au who will deliver the bikes to your hotel the evening before. All you need to bring is your bike kit and shoes. The weather in October can be quite variable so bring a shower proof top.

Depending on the number attending we may break up into a slower and faster group.

If you wish to ride on any other day that you're in Melbourne please let me know and I'll be happy to look after you.

Looking forward to seeing you at the issue conference in October.

Regards,

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