

**ISHA
NEWS©**



AUGUST 2018 SUPPLEMENT





ISHA
The Hip Preservation Society

Contents

Editors Welcome

1st ISHA President 2008-2010

ISHA President 2010-2011

ISHA President 2011-2012

ISHA President 2012-2013

ISHA President 2013-2014

ISHA President 2014-2015

ISHA President 2015-2016

ISHA President 2016-2017

ISHA President 2017-2018

Parminder J Singh

Richard Villar

Joseph McCarthy

Thomas Sampson

Victor Ilizaliturri

John O'Donnell

J W Thomas Byrd

Marc Safran

Richard Field

Josip Chuck Cakic



EDITORS WELCOME

Parminder J Singh

Welcome to ISHA NEWS 2018 supplement. This year our society is celebrating its 10th year. ISHA would like to acknowledge and thanks our past presidents for leading our society through to this great milestone. I hope the “ISHA family” enjoy reading the history of ISHA directly from our past presidents.

Parminder J Singh **MBBS, MRCS, FRCS (Tr&Orth), MS, FRACS**
Editorial Committee Chairman of ISHA



**Inaugural President 2008-2010
The foundation of ISHA
Richard Villar**



Strange, when you think about it, putting together a society around a single operative procedure. And yet, somehow, it works.

Although most who have been involved would consider that ISHA was formed in 2008, it was actually conceived many years earlier. Go back a million years, well 25 would be more accurate, and hip arthroscopic surgery was rarely performed, save by a few diehards in various parts of the world. Anyone who has attempted hip arthroscopic surgery will know that, to do so, ensures your recognition by colleagues as a somewhat strange beast. Who, after all, would consider arthroscoping a hip? If you sense that now, well try 25 years ago when

the number of surgeons worldwide who were undertaking the procedure could be counted on less than a set of fingers and toes. It was a lonely life, met often with derision, and plenty of scientific meetings either ignored the procedure completely, or gave space for a 10-minute presentation on something simple, such as "Why arthroscope a hip?" Governments were also beginning to show interest and were gathering confidence to challenge this new procedure that, in a nutshell, they failed to understand. Come to think of it, governments worldwide show that same failing to this day.

But by the year 2000, voices were beginning to strengthen, to say clamour would be an exaggeration, and a few key names started to say, "Isn't it time we formed a society?" Those first voices were ignored but slowly, ever so slowly, they became louder, louder, and louder still. By 2007 the noise was deafening and a number of us thus resolved, a year later in Paris, to convene a meeting and ISHA was created. Names for the new society were thrown around the boardroom, the initial suggestion being IHAS (International Hip Arthroscopy Society), which was rapidly rejected. Suggested logos were sent by email right across the world and, with remarkable simplicity, the society that we all hold so dear, was created. The international nature of that founding committee ensured that ISHA's global flavour would continue and it has remained thus right until this day.

The secret? Friendship, of course. Take any of the participants in ISHA's original foundation and they knew they were surrounded by friends. Within moments, each attendee had agreed to take on a particular task - secretary, research, meeting, finance, and plenty more besides - with real willingness. There was not one refusal to assume a suggested role. Friendship has long been the key to ISHA's success and one must hope that this continues. Those founding members remain close friends today and will do so in perpetuity, that is assured.

So, the foundation of ISHA, when you look at it now, was astonishingly simple. The whole meeting took barely an hour.

Richard Villar

Founding President

International Society of Hip Arthroscopy (ISHA)



ISHA President 2010-2011

Joseph McCarthy MD



ISHA was formally initiated in 2008 at a meeting in Paris France by a small group of surgeons, committed to Hip joint preservation. There were many challenges at the onset. It by definition is a worldwide organization. Because of this there existed many differences in Surgeon training experience, equipment, access to knowledge and mentors, and the organization had no inherent finances. In addition, there were significant geographical separations and, because of those time zone variations, challenges in communication and travel.

Despite these significant hurdles, the organization was formed because of the collegiality of its founding members and their commitment to advancing knowledge in the diagnosis, treatment and research in the area of hip joint preservation. The annual meeting became the locus point for presenting new scholarship information and research as well as for convening the executive board.

At the meeting that I hosted in Boston, Massachusetts a Board retreat was convened. We contracted with Tom Nelson, an expert in non-profit organizations, to facilitate our meeting. At our day-long event the ISHA board amended its structure to make it a more enduring organization. We formalized membership in the executive committee, developed a formal committee structure in areas such as finance, research, bylaws, and membership. We created an ISHA foundation, based in Switzerland, to provide for the economic improvement of the organization going forward. Hassan Sadri was extremely helpful to facilitate this process. We hired a full-time executive to coordinate the organization functions, Anna Lozinski Brown. She has been extremely helpful and diligent in running the day-to-day operations of the organization. We delineated membership types and included researchers in the area for preservation as well as allied professionals such as physical therapists. These groups have remarkably contributed to the growth of the organization. We established mentorship scholarships to increase interest in the area of hip preservation. In addition, we provided for an industry liaison group to collaboratively facilitate education, research, and workshops for the dissemination of hip joint biologic surgery.

A research group was initiated, the MAHORN (multicenter arthroscopic hip orthopedic

research network). Numerous publications Have occurred as a by-product of this group's work. More recently the Journal of hip preservation Surgery was created under the direction of Richard Villar. Many members of ISHA serve on the editorial or review board of this journal. Finally, a comprehensive textbook has recently been published. This book: hip joint restoration, worldwide advances in arthroscopy, arthroplasty, osteotomy and joint preservation surgery, published by Springer, is the consummation of current knowledge of the biologic hip by many members of ISHA from around the world. It is edited by Drs. McCarthy, Noble and Villar.

It is truly a privilege to be one of the founding members of ISHA and to have served this evolving organization as its president. ISHA has a very bright future and is built on a firm foundation.



ISHA President 2011-2012

Thomas G. Sampson, MD



10 years of ISHA – “We Are a Family”

Leading up to the 2008 Paris Summit

Hip Arthroscopy was a procedure looking for indications in the early 1980's with most who performed it used knee arthroscopic equipment and fluoroscopy to enter the central compartment then called “intra-articular.” It took some shape after 1984 with most procedures including partial labrectomy, removal of loose bodies, cement caught in the polyethylene cups of total hips, and debridement for arthritis. The results were mixed, meaning not great as the actual procedure had not been formalized and it was done many different ways. We were using home-made distractors

with ceiling mounted pulleys and weights as well as fracture tables as distractors to get into the central compartment while some were not using traction and only addressing pathology in the peripheral compartment only. We had to innovate at the time of surgery not having modern equipment. An example was that when we needed more fluid pressure than hanging saline bags could give us, I broke scrub put the bags on the Bovie® machine and sat on them thinking that my heavy body would generate whatever pressure would be needed to get anywhere in the hip, and it worked well. The following week we had the 1st arthroscopic pump made by Zimmer®.

Prior to the 2000's before femero-acetabular impingement (FAI) took shape as an arthroscopic procedure, there were only few publications on hip arthroscopy. After the treatment FAI became an arthroscopic procedure, the increased interest caused an explosion in the world literature.

We introduced the concept of Femoroplasty then called “Osteochondroplasty” in 2001 after working out a method to do arthroscopic what Reinhold Ganz professed through an open surgical dislocation. The “Bern Group” thought we were crazy to attempt what they felt could only be accomplished through open surgery after James Glick and I presented our 1st 100 cases to a meeting of the AO Hip Symposium 2003 at Mammoth Mountain. Since then fast forwarding to 2018, essentially all that were critical have learned to do the procedure using arthroscopic techniques and have since published comparing open and arthroscopic, stating that there was really no difference now in the ability to reshape the femoral head-neck junction.

We were amazed on how quickly hip arthroscopy was accepted and sought after by training programs and fellowships after the new era of Arthroscopic Treatment of FAI.

Meetings cropped up throughout the world with major concentrations in the US, Europe and South America such that we found ourselves traveling nearly every month somewhere in the world to talk about the merits of modern hip arthroscopy. Companies such as Smith and Nephew®, Stryker®, Arthrex®, and Storz® to name a few, saw a potential profit to develop and manufacture equipment specifically for hip arthroscopy. Those companies set up consulting boards to get help in design and creation of hip specific equipment.

We felt that any company that wanted to get involved in new designs would need to create cannulated equipment since we were dealing with a very deep joint, and a hip distractor was needed to enter the central compartment safely and not injure the patient in the process.

A world-wide community of thought leaders developed as we all crisscrossed the globe to congresses and meetings sponsored by industry and academic centers, such that we felt through the leadership of Richard “Ricky” Villar, an international society was in order. He talked and cajoled many of us to get an organization started, and finally at the Smith and Nephew® Hip Arthroscopy Meeting in 2008 which by that time was an annual event, a number of us met at a hotel away from the meeting and thus formed the so needed society to further the concepts of hip preservation using arthroscopic techniques called “ISHA.”

ISHA Created

ISHA was created and Ricky Villar was to be the 1st President and the only one to serve for two years to get our fledgling society started. Our first meeting was to take place in the same city that the United Nations resided, New York City, whether intentional or not, and was to take place at the auditorium at The Hospital for Special Surgery (HSS) which held 80 chairs. As we were going through the registration process, it became clear that there was an overwhelming response and that the auditorium at HSS was inadequate. A quick and desperate search found our inaugural site at the Roosevelt Hotel. More than 325 participants came to our First Annual General Meeting, making not only a successful scientific meeting, but it certainly got the international attention by the Orthopaedic manufacturing industry. The rest is history with one exception. I felt that we needed to unite as one big family. We are now a successful organization, well subscribed and respected for the high level of the research and papers presented at our meetings and a monumental text on hip preservation.

I gave my presidential address in Boston in 2012 on how we were all connected and genetically linked back to five original humans that migrated out of Africa when the Sahara Desert Blockade disappeared every 25,000 years. To this day, I consider all of our ISHA members as family, and as I always do with family, I end my communications with:

Warm regards,

Tom



ISHA President 2012- 2013

Victor M. Ilizaliturri Jr



I was President of ISHA in the year 2013. The first 3 presidents were voted at ISHA's founding meeting in Paris in 2008. I was the first ISHA president that was elected following the founding meeting. The year of my presidency, the annual meeting was scheduled for Munich in Germany, with Michael Dienst serving as the local host. That made my life much easier because I knew very well that Michael had all the knowledge and resources to organize and execute a very successful meeting in every aspect.

I received ISHA's presidency from Tom Sampson at the Boston Annual Meeting in 2012. Joe McCarthy and Tom Sampson had done a wonderful job with the Boston Meeting; this helped in making ISHA a financially healthy organization. A healthy organization with a growing number of members and interest from the international orthopaedic community was also the result of the efforts of many members, both in and outside the board and also non-members that at the time were good friends of our society (with time, many of those became full members).

After the annual meeting in 2012, the ISHA Board held a strategic planning meeting designed to determine the strategies for ISHA growth in the years to come. Serving as chair for that meeting was my first task as ISHA's president. I was lucky to have such an excellent board that dedicated an extra day of their time to participate in that meeting.

Many objectives for the healthy growth of ISHA were analyzed and started in that meeting, at that time, the main goal of my presidency was also made clear to me.

ISHA was becoming a successful organization that started having monetary resources, basically, ISHA needed a foundation to be able to manage funds for our meeting, fellowships, and support of other educational programs and resources. Throughout the year we worked on the legal process of establishing a foundation based in Switzerland, which is where ISHA is established.

By the time our annual meeting came in October 2013 in Munich the ISHA Foundation was almost ready to start with a nominated board of directors and bylaws. The meeting itself was a great success. I have to thank Michael Dienst and Hassan Sadri in helping to make my dream of having Professor Ganz as the presidential guest speaker for the 2013 annual meeting. For me that was really the climax of our annual meeting and of my presidency. I then shared some private moments with Professor Ganz and Hassan that will always remain in my memory.

Overall, I am thankful for that year to you, my friends in the past boards and current board of ISHA, to all our members and guests who have given me so much both as a surgeon and as a person. I am proud to have served as president of ISHA and wish for our future to be very successful.



ISHA President 2013-2014

Associate Prof John O'Donnell



Being a part of the foundation of ISHA in 2008 in Paris, was an extremely exciting part of my professional life, and continuing to be a part of ISHA as it has grown and evolved has helped me to also grow and evolve both in my career as a hip arthroscopy surgeon, and also in the ever-widening circle of friends I have in this great organisation.

When I started my one-year term as ISHA President in Munich in October, 2013, my predecessors had established the ISHA brand, grown the society, and stabilised the financial base of the society. All of these areas require constant attention to continue to grow our organisation, but in addition to these, I had several areas that I wished to focus on during my term. I was

also very lucky to be followed by Thomas Byrd who was happy to bring his great persuasive skills to bear to continue on this work and reach a conclusion.

A one-year term is taxing on the President. The year requires a significant commitment of time which detracts from both family and work time. Whilst there would certainly be advantages to having a two-year term, I think that it would be asking too much of our volunteer Presidents. We, therefore, need to rely on this cooperation from one President to the next so that projects can continue, as many times we need more than a year to finish a project.

The major areas I was keen to concentrate on were-

- 1) To make our society more inclusive by including open hip surgeons and physical therapists.
- 2) To open up the management of the society and allow all members the possibility of joining the board. This required the rewriting of our constitution and putting in place the mechanisms to allow members to vote.
- 3) To improve our co-operation with emerging national societies.
- 4) To put in place processes for making decisions on a recurring basis, such as choosing the site of the Annual Scientific Meetings (ASMs).
- 5) To strengthen our relationships with Industry.

We set out to try to encourage open hip surgeons and physical therapists to join ISHA, however, needed to find ways to make ISHA attractive to them. There already existed membership categories which were appropriate for these groups of potential new members, but we needed

to introduce ISHA to them and to give them direct interest in our annual ASM. I owe particular thanks to Johan Witt and Marcus Bankes in London, UK, for their great help in bringing ISHA to the attention of open surgeons, and for their assistance in bringing increasing open surgery content to the ASM. Similarly, I owe great thanks to Amir Takla for his truly enormous contribution in bring on board physiotherapists from around the globe, and for his continuing work to grow this part of ISHA and to produce, along with many others, the physiotherapy component of the annual ASM.

From small beginnings, we have now reached a stage where ISHA has been renamed to include all of the aspects of hip preservation surgery, including arthroscopic surgery, open surgery, and physiotherapy and rehabilitation, and our ASM brings together all of these aspects of hip preservation and encourages cross-fertilisation of ideas across all these complementary areas. Whilst this cooperation is still in its infancy, it is enormously satisfying to see the great strides we have already made.

The Founding Board and additional Board Members provided continuity and stability to our society. They have done an enormous amount of work bringing ISHA into being and nurturing this baby, but it was now time to open Board Membership up to the ISHA membership.

Rodrigo Mardones had already done a lot of work to update our By-Laws, and we were able to build on this to update the ISHA Constitution. Thomas Byrd's experience working in other major societies was enormously valuable in helping us to build this new constitution, and of course, the whole Board contributed time and expertise. We now have a working constitution which is allowing new Board Members to be elected every year. This will mean that we have continuity and corporate memory, and continue to value experience, but we will also have the benefit of fresh ideas and enthusiasm to continue to build ISHA and maintain it as the premier organisation in hip preservation treatment.

At this time there were three National Hip Arthroscopy Societies: Austrian, Australian and South African. The three Presidents, Chris Gebhart, myself, and Chuck Cakic shared a passion for hip arthroscopy, and were keen to encourage its growth in our own countries. However, we were keen to help others to develop similar societies. We wanted to keep them in the ISHA fold, rather than have them develop separately. We established close linkages between our own societies, which continue still, and developed mechanism whereby the ISHA endorsement could be given to various society meetings.

The Board has continued to evolve, and we have developed improved processes. For example, each year we now have presentations from anyone interested in hosting future ASM conferences and far more rigour is applied to choosing the next conference sites. We have developed criteria for allowing use of the ISHA logo and we have greatly streamlined the process for selecting our ISHA Travelling Fellows.

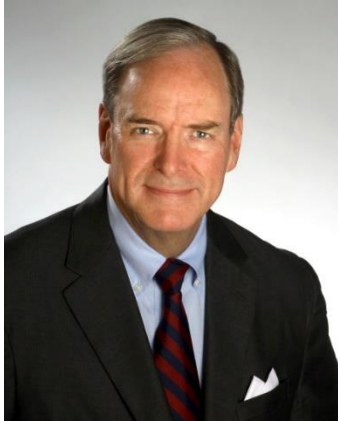
With respect to Industry, we started a series of meetings with individuals from each company which occurred twice each year, at American Academy of Orthopaedic Surgery (AAOS), and at our own ASM. These meetings have continued and are used to explore areas of concern which arise from time to time, and also to look at areas where we can act cooperatively to the mutual benefit of all. This has led to improved Industry support for education and Fellowships already.

Doubtless, we still have many improvements to make, and our evolution and growth will continue, but future Presidents and Boards have a wonderful base on which to build.



President 2014-2015

J W Thomas Byrd



The 2014/2015 Presidential year was bookended by two magnificent events. It began in Rio De Janeiro where I had the honor of introducing John O'Donnell for his Presidential address. The ISHA annual meeting there was kicked off by a rare nighttime reception at the Christ Redeemer statue overseeing the entire city, orchestrated by our host, Giancarlo Polesello. It closed in Cambridge, England where I had the great pleasure of overseeing a magnificent annual meeting spearheaded by the triumvirate of Richard Field, Tony Andrade, and Ricky Villar; a meeting capped by a spectacular black tie affair for all of the attendees. By the time of the Cambridge gathering, programming of the ISHA Annual Meeting had already evolved from simply highlighting arthroscopic techniques to emphasizing the role of open procedures in addition to exploring the importance of physical therapy and other aspects of non-surgical joint preservation. 2015 was too early for a name change for an organization still establishing its identity, but discussion were already in the works for what has now become ISHA The Joint Preservation Society; acknowledging an all-encompassing philosophy that embraces every aspect of treating hip disorders from youth through the elderly. The annual meeting will always be an important focus of the ISHA leadership, but ISHA was already about much more. Educationally, this included sanctioning regional meetings and granting traveling fellowships. These traveling fellowships, supported through collaboration with our visionary industry partners, allowed young practicing members to visit ISHA thought leaders around the world. Also, under the auspices of the research secretary, ISHA had developed its own framework for research as well as supporting the work of individual ISHA members.

Education and research towards optimizing the surgical and non-surgical management of the entire spectrum of hip disorders with which individuals are plagued is a common theme that you will see through each of these presidential reflections. The exciting changes as recent as just this last year's annual meeting in Santiago, Chile are the product of seeds sewn in each of the preceding years. Today's moves are not final steps but simply next steps towards further great works that can be performed collectively on behalf of the patients for whom we have been so blessed to have the privilege to provide care. I can hardly wait for this year's celebrated 10th Annual Meeting in Melbourne, Australia. Comprehensive and embracing, ISHA (is) The Hip Preservation Society.



ISHA President 2015-2016

Professor Marc R. Safran MD



I had the distinct and humbling honor to serve as the 7th ISHA president, from 2015 – 2016. It started with giving the ISHA board distinctive tuxedo T-shirts for the board meeting preceding my assumption of the presidency, in keeping with the formal attire for the faculty dinner in Cambridge. What followed was an exciting year, and an opportunity the help solidify the foundation of ISHA, and what had been started by those that came before me...the legends of our field.

During my presidency my goal was to streamline some processes, formalize roles and mature the foundation of our rapidly growing society. For the first time we held regular international phone calls – roughly every 6 weeks – rotating between call with just the executive committee and those with the entire board including committee updates, to increase communication and help move things forward.

Along with the 4 meetings where I was the program chairman (2011 – 2014) prior to Cambridge, I continued my efforts to help expand ISHA to a society of Hip Preservation, trying to encourage participation from our open hip preservation colleagues and physical therapists - something which was given a boost initially by John O'Donnell and finally achieved under the leadership of Richard Field.

During my tenure, we re-vamped/ upgraded our website to make it more functional, with an eye to finally merging the society website functions with the annual congress needs, enlarged Parminder Singh's staff for the expanding and informative newsletter, explored research support through the research committee (including formalizing an application process), and started a more formalized approach to industry relations at the AAOS meeting under the leadership of John O'Donnell. Further, we started the discussion of regional spring meetings to expand our society's presence in various regions, supporting the growth of hip arthroscopy worldwide. Our board voted to provide support for Damian Griffin's Warwick Consensus conference on FAI with participants and a \$10,000 grant of support. This meeting was quite a success and lead to a landmark article on FAI in the British Journal of Sports Medicine, and is widely quoted.

Additionally, we made a constitutional by-laws change to allow for nominations for the board and nominating committee to be performed electronically online, as we only hold 1 business meeting at our annual congress, to make the nomination process easier and also allowing for greater society participation to elect our board members. We formalized our relationship with the ***Journal of Hip Preservation Surgery***, beginning with the publication of our meeting abstracts, on the path to making JHPS our society's journal. Additionally, we agreed on the future ISHA congresses in Melbourne, Ottawa, and South Africa.

As most know, I am always appreciative of those who came before me, and helped pave the way that has made the path for those that follow (including me) easier. As such, I was very honored to oversee the society as we started 2 awards: First was the *Joe McCarthy ISHA Award for Achievement in Advancing Knowledge and Scholarship in Hip Joint Preservation*. This award is funded through the proceeds of the ISHA Book, edited by Joe McCarthy, Ricky Villar and Phil Noble, **Hip Joint Restoration** – something that is the pride of our society. This book helped bring together our knowledge into a tangible example of our comradery and friendships, making the hip world a smaller place. This award is meant to recognize individuals who have had some longevity in providing answers to important questions in hip preservation. It is to reward research endeavors and scholarship as well as facilitate good research to benefit the field of hip preservation and our patients. The inaugural recipient of the award was Marc Philippon. The second award is the *Lifetime Achievement Award* given to Jim Glick, a San Franciscan, who really brought hip arthroscopy to the modern era.

I was fortunate that my presidency culminated with the annual meeting near my home, in beautiful San Francisco. Al Stubbs was a tremendous program chair, putting together an innovative program, and highlighting some things our region is known for: advancing computer technology and scientific discovery. We were fortunate to have 2 great guest speakers: Michael Longacker, head of the Stanford Stem Cell Institute and Jaap Suermond, Vice President of Health Information Systems and Analytics for Hewlett Packard Enterprise. For the first time at our congress, we introduced a surgical skills component to the ISHA Meeting and we also expanded the physical therapy concurrent session. I was fortunate to be able to share my favorite local restaurant with the board, enjoying the board dinner with excellent food at the Boulevard Restaurant and able to share the beauty of my fair city with a memorable faculty dinner cruise on the San Francisco Bay. With Cable Cars passing in front of the hotel / convention on Union Square, attendees and guests got a true taste of San Francisco.

On the whole, it was a very memorable year for me. Particularly, how well we all worked together, continuing to build on our common goals of making patients better through advancing our field of interest while also growing our friendships. It was certainly very humbling to be the first non-founder to become president of this great society. I am happy to have been part of helping build and mature the foundation of our incredible, continually growing society. I am fortunate to reflect on the honor of being able to serve this society as its president, being able to work alongside many of those I have always held in the highest esteem. It truly is humbling. And I hope that I achieved my goal of trying to fortify the foundation of our society, while also helping to grow ISHA and the field of hip preservation.



ISHA President 2016-2017

Professor Richard E Field



It is only five months since I completed my ISHA Presidency and handed on the baton to Chuck Cakic. The events of my Presidential year are still fresh in my memory and it would be right to start my reflection by thanking the ISHA board for their support, guidance and hard work. In particular, Richard Villar for inspiring me to take up hip arthroscopy. Tony Andrade who does so much behind the scenes work for our society. John O'Donnell whose enthusiasm and endeavours remain as great and as important as they were when ISHA was founded. John Cristoforetti who is always ready to take on work to make the society better. Hassan Sadri who looks after our finances.

Rodrigo Mardones whose vision and determination made the ISHA 2017 conference the most successful in our history. Hal Martin who gave us such a fine scientific programme in Santiago and Parminder Singh who puts together our Newsletters. Also, my thanks to Anna Lozinska-Brown who has done so much to provide our society with a robust administrative infrastructure and assembled the tools that are needed to run a global society efficiently and economically.

When I took up hip arthroscopy, one of the regular comments from colleagues was that hip arthroscopy was an operation looking for a problem to treat. My attempts to explain that hip arthroscopy was just another surgical technique and not the operation usually met with the response that the only hip surgery that was of any benefit to patients was hip replacement and, possibly peri-acetabular osteotomy. In 2005, the world changed because the Orthopaedic community learned to articulate the concept of Femoro-Acetabular Impingement (FAI). In little over a decade, it has become normal for surgeons specialising in the management of hip problems to include hip arthroscopy in their armamentarium of surgical skills, by the time that they take up independent practice.

I believe that like 2005, was another watershed year occurred in 2017. The moment that everything changed was when Professor Damian Griffin presented the preliminary results of the 'Fashion' study during our annual ISHA meeting. Not only was Damian's delivery measured, clear and elegant but it was also the first Level 1 evidence that hip arthroscopy enables us to treat patients with symptomatic FAI more effectively than can be achieved by conservative treatment. Other studies are now confirming this finding and it is reassuring to know that we have not wasted everyone's time. For me, the next watershed moment will be the day that someone demonstrates that FAI surgery changes the natural history of hip degeneration.

It was a source of great pleasure to have been holding the society reins when it was agreed that we should expand our horizon and broaden our remit to become ISHA -The Society for Hip Preservation Surgery. I firmly believe that our children and grandchildren will be amazed to hear that there was a time when hip joints were allowed to deteriorate to the point where lumps of metal and plastic were use to replace natural joints. Or vision must be to find ways to make this a reality.

My thanks to you all.

Richard E Field



ISHA PRESIDENTIAL REPORT 2018

Josip Chuck Cakic



Dear ISHA Members, Friends and Colleagues,

The 2017 annual meeting in Santiago de Chile is behind us and we approach 2018 with our society's new name and goals. I cannot stop thinking of ISHA without analogy to a human development.

In 2008 a baby was "born" and then becomes a toddler, growing slowly to become a serious teenager. ISHA steadily learnt to walk and began facing similar developmental challenges as well as experiencing a repertoire of new skills. I am privileged and honored to continue exceptional work of the Presidential line of Richard Villar, Tom Sampson, Victor Ilizarituri, Joe McCarthy, John O'Donnell, Tom Byrd, Marc Safran and Richard Field. It is a no easy task to continue this path as the Presidential line provided a vision, passion and more importantly knowledge. Any child would be privileged to have this expertise and leadership during their formative years.

As a society, we are facing more challenges moving into our second decade of ISHA life. Past president, Professor Richard Field rightfully brought up an important task that we have to face: "Can we prove that our interventions are better than non-surgical strategies? Do we really preserve natural hips and prolong their useful life? Do our interventions really enable people to resume high-level sports when they wouldn't have been able to do so without our help? Can early intervention surgery really stop hips from degenerating in the future? These are questions that need to be answered. In my working life, hip preservation surgeons have clearly demonstrated that peri-acetabular osteotomy changes the natural history of dysplastic hips. Our mission is to gather and disseminate the evidence that other hip preserving interventions (open or arthroscopic) are also beneficial."

As a child grows through its natural development, so too has ISHA embraced new knowledge and experiences. These developmental milestones have lead ISHA to undergo a metamorphosis, so a society that was primarily associated with hip arthroscopy has now grown to become known as The Hip Preservation Society. The next decade will be crucial to prove the points raised by Professor Field. As a child grows through its natural development, so too has ISHA embraced new knowledge and experiences. The past nine years have witnessed the eruption of knowledge within hip arthroscopy, from "simple" treatments of intra-articular problems to peripheral compartment challenges, that incorporated areas of pelvis. The Hip Preservation Society now incorporates open preservation procedures, conservative

management using biologic techniques and realized the importance of rehabilitation when measuring our outcomes. Like our growing children, this progressive move will require added commitment and efforts from teachers and educators, so our blossoming child may develop into a productive teenager.

Our next annual meeting, 10th anniversary of ISHA will be opening a new chapter of the preservation. We are trying to embrace a modern technology, improve the level of education , make preservation surgery available to any corner of the globe. We, myself and the Board of Directors appeal for your valuable contribution in spreading our passion, embracing all the new educational technology, teaching and educating others throughout the world so that our collective knowledge may be disseminated and incorporated into medicine.

It is an honor to be President, especially when ISHA is evolving into what I believe will be a formidable society and respected teenager. I would like to take this opportunity to ask all members, friends and colleagues to joins us in parenting our child to the next level, to help answering all the question raised, to improve knowledge of hip preservation and increase global hip preservation education.

Your contribution can start by joining us in Melbourne at the celebration of 10th year of ISHA and 1st birthday of global hip preservation society. This will be a celebration of a decade of education and friendships. I invite you all to this celebration in Melbourne, Australia. Thank you to our host - John O'Donnell and our congress organizer - Nicolas Bonin; knowing these dynamic colleagues we can expect an unforgettable experience with many cherished memories and surprises. Let us guide our child through its teenage years, so that during it second decade of development, we may ensure that a productive and competent adult emerges.

Josip Chuck Cakic

MD PhD FCS(SA)Orth MMed(Orth)WITS

President of ISHA