

## Provisional Programme

Thursday 17 October

### Parallel Seminars

#### Castilla, Hildago, Doblón, Comendador

##### 08:00 – 10:00 S1 – Dysplasia

- S1.1 ICL What do we really know about natural history and prognosis after surgery?
- S1.2 ICL Can we treat mild and moderate dysplasia by muscle strengthening?
- S1.3 ICL The role of arthroscopy, alone or in combination with reorientation?
- S1.4 ICL Reorientation surgery: How to do it now, and how could we make it better?
- S1.5 FP TBC
- S1.6 FP TBC
- S1.7 FP TBC
- S1.8 FP TBC

##### 08:00 – 10:00 S2 – Inguinal-related groin pain

- S2.1 ICL Making a diagnosis, and distinguishing from other causes of groin pain
- S2.2 ICL Is it linked to hip pathology? The limited ROM hypothesis
- S2.3 ICL Laparoscopic surgery: Inguinal ligament releases, mesh, TAPP and TEP
- S2.4 ICL Open surgery: Are all the different techniques the same, or different?
- S2.5 FP TBC
- S2.6 FP TBC
- S2.7 FP TBC
- S2.8 FP TBC

**08:00 – 10:00 S3 – Femoral torsion**

- S3.1 ICL Why is torsion important? How much does it contribute to FAI syndrome?
- S3.2 ICL How can we measure torsion? Does the level matter?
- S3.3 ICL When does arthroscopic treatment make sense (in combination or alone)?
- S3.4 ICL Pros and cons of different osteotomy techniques
- S3.5 FP TBC
- S3.6 FP TBC
- S3.7 FP TBC
- S3.8 FP TBC

**08:00 – 10:00 S4 – The Hip in Sport**

- S4.1 ICL Athletics: Running and jumping
- S4.2 ICL Football: Cutting and twisting
- S4.3 ICL Ballet: Maximum range
- S4.4 ICL Rowing & lifting: loaded flexion
- S4.5 FP TBC
- S4.6 FP TBC
- S4.7 FP TBC
- S4.8 FP TBC

**08:00 – 10:00 UW1 – Hip & Groin Ultrasound Workshop**

10:00 – 10:30 Refreshment Break, Trade Exhibition and Posters

## Opening Ceremony

### The Auditorium

**10:30 – 12:30 PL1 – Opening & Welcome**

Welcome To Madrid

Dr Oliver Marin-Pena, Co-chair ISHA 2019

Dr Luis Perez Carro, Co-chair ISHA 2019

Welcome To ISHA 2019

Dr Marc Philippon, ISHA President

This year's theme is 'The Hip Preservation Team'

Prof. Damian Griffin,

ISHA 2019 Scientific Programme Chair

## Hip Preservation Around the World

- PL1.1 Updates from the national registries
- PL1.2 International variation in hip preservation
- PL1.3 The contribution of the Spanish-speaking world to hip preservation

12:30 – 14:00 Lunch, Trade Exhibition and Posters

12:45 – 13:35 / 13:55 *Industry Sponsored Workshops (incl lunch)*

## Debate (Plenary)

### The Auditorium

14:00 – 16:00 **Debate 1 – Evidence in FAI syndrome**

*Should we treat patients with FAI syndrome with arthroscopy or physiotherapy?*

16:00 – 16:30 Refreshment Break, Trade Exhibition and Posters

## Parallel Seminars

### Castilla, Hildago, Doblón, Comendador

16:30 – 18:30 **S5 – Hip instability**

- S5.1 ICL Traumatic instability: management of subluxation and dislocation in sport
- S5.2 ICL Micro-instability: how can we define this?
- S5.3 ICL How do physiotherapists assess instability of a hip, and how do we treat it?
- S5.4 ICL Arthroscopic soft tissue surgery for instability
- S5.5 FP TBC
- S5.6 FP TBC
- S5.7 FP TBC
- S5.8 FP TBC

16:30 – 18:30 **S6 – Posterior Hip Pain**

- S6.1 ICL Assessment and diagnosis for posterior hip pain

S6.2	ICL	Endoscopic deep gluteal space exploration: technique and results
S6.3	ICL	Ischiofemoral impingement
S6.4	ICL	Endoscopic hamstring repair
S6.5	FP	TBC
S6.6	FP	TBC
S6.7	FP	TBC
S6.8	FP	TBC

**16:30 – 18:30 S7 – The Capsule**

S7.1	ICL	Developing ideas on anatomy and function
S7.2	ICL	Approaches to capsulotomy
S7.3	ICL	Techniques for capsular repair: when and how?
S7.4	ICL	When do we need capsular shift or reconstruction? Does it work?
S7.5	FP	TBC
S7.6	FP	TBC
S7.7	FP	TBC
S7.8	FP	TBC

**16:30 – 18:30 S8 – Planning, navigation and robotics**

S8.1	ICL	Advanced imaging
S8.2	ICL	Planning for FAI
S8.3	ICL	Navigation
S8.4	ICL	Robotic assistance
S8.5	FP	TBC
S8.6	FP	TBC
S8.7	FP	TBC
S8.8	FP	TBC

**16:30 - 18:30 UW2 – Hip & Groin Ultrasound Workshop**

**18:30 – 21:00 Welcome Reception**

**Friday 18 October**

## Parallel Seminars

### Castilla, Hildago, Doblón, Comendador

#### 08:00 – 10:00 S9 – Children and Adolescent Hips

Organised by the European Hip Society (EHS)



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|------|-----|--|
| S9.1 | ICL | Cam FAI resection in the adolescent – is it too early? |
| S9.2 | ICL | Perthes disease – when to intervene                    |
| S9.3 | ICL | SCFE – treatment today                                 |
| S9.4 | ICL | DDH – PAO with still open physis                       |
| S9.5 | FP  | TBC  |
| S9.6 | FP  | TBC  |
| S9.7 | FP  | TBC  |
| S9.8 | FP  | TBC  |

#### 08:00 – 10:00 S10 – Lateral Hip Pain

Organised by the European Society of Sports Traumatology, Knee Surgery & Arthroscopy (ESSKA)



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|-------|-----|--|
| S10.1 | ICL | Pathogenesis and Contemporary Diagnoses for Lateral Hip Pain                                 |
| S10.2 | ICL | Rehabilitation, steroid and PRP injections, shockwave: do any of them alter natural history? |
| S10.3 | ICL | Arthroscopic Management of Greater Trochanter Pain Syndrome and Abductor Tears               |
| S10.4 | ICL | Open Gluteal Tendon Suture and Tendon Transfer (Whiteside)                                   |
| S10.5 | FP  | TBC  |
| S10.6 | FP  | TBC  |
| S10.7 | FP  | TBC  |
| S10.8 | FP  | TBC  |

#### 08:00 – 10:00 S11 – Labral repair

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|-------|-----|--|
| S11.1 | ICL | What is it and what does it really do in our patients? Does it just hurt?        |
| S11.2 | ICL | Where is the evidence now on when to repair or debride?                          |
| S11.3 | ICL | How should we repair the labrum? Dozens of methods: does it matter which we use? |
| S11.4 | ICL | When and how do you augment the labrum? Does that work?                          |
| S11.5 | FP  | TBC  |
| S11.6 | FP  | TBC  |
| S11.7 | FP  | TBC  |

**08:00 – 10:00 S12 – Communicating Risk and Managing Complications**

S12.1	ICL	Classifying complications
S12.2	ICL	Risks of arthroscopy: what are they and how can I avoid them?
S12.3	ICL	Risks of open hip preservation surgery: what are they and how can I avoid them?
S12.4	ICL	Consent and the medicolegal environment; international comparisons
S12.5	FP	TBC
S12.6	FP	TBC
S12.7	FP	TBC
S12.8	FP	TBC

**08:00 – 10:00 UW3 – Hip & Groin Ultrasound Workshop**

10:00 – 10:30 Refreshment Break, Trade Exhibition and Posters

## Debate (Plenary)

### The Auditorium

**10:30 – 12:30 Debate 2 – Developments in Hip Preservation**

*Should we be doing more primary labral reconstruction?*

12:30 – 14:00 Lunch, Trade Exhibition and Posters

**12:45 – 13:35 / 13:55 Industry Sponsored Workshops (incl lunch)**

## Debate (Plenary)

### The Auditorium

**14:00 – 16:00 Debate 3 – Building the Hip Preservation Team**

*Should we intervene early for the hip at risk?*

16:00 – 16:30 Refreshment Break, Trade Exhibition and Posters

## Parallel Seminars

### Castilla, Hildago, Doblón, Comendador

#### 16:30 – 18:30 S13 – FAI Surgery

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|-------|-----|--|
| S13.1 | ICL | Surgical sculpture: performing an ideal arthroscopic cam reshaping                                     |
| S13.2 | ICL | Dealing with pincer: To take down the labrum or not?   |
| S13.3 | ICL | Os acetabuli: different treatments for different sorts   |
| S13.4 | ICL | Why every patient needs the possibility of surgical dislocation: the best way to do precision surgery? |
| S13.5 | FP  | TBC  |
| S13.6 | FP  | TBC  |
| S13.7 | FP  | TBC  |
| S13.8 | FP  | TBC  |

#### 16:30 – 18:30 S14 – Hip-spine syndrome HSPC

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|-------|-----|---|
| S14.1 | ICL | The hip can affect the spine  |
| S14.2 | ICL | The spine can affect the hip  |
| S14.3 | ICL | Isciofemoral impingement is a connection between hip and spine                    |
| S14.4 | ICL | Osteitis pubis and sacroiliac joint pain: A hip, a spine or a pure pelvic problem |
| S14.5 | FP  | TBC   |
| S14.6 | FP  | TBC   |
| S14.7 | FP  | TBC   |
| S14.8 | FP  | TBC   |

#### 16:30 – 18:30 S15 – Cartilage Injury and Repair

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|-------|-----|--|
| S15.1 | ICL | How should we image hip cartilage in 2020?   |
| S15.2 | ICL | Steroid, hyaluronic acid, PRP, and even stem cell injections: what works and when? |
| S15.3 | ICL | Microfracture vs the new options: AMIC, MACI and osteochondral grafting            |
| S15.4 | ICL | The future: what will we be doing in 5 or 10 years?                                |
| S15.5 | FP  | TBC  |
| S15.6 | FP  | TBC  |
| S15.7 | FP  | TBC  |
| S15.8 | FP  | TBC  |

**16:30 – 18:30 S16 – Teamwork and Training**

S16.1	ICL	Building and working in a multidisciplinary team for diagnosis and clinic care
S16.2	ICL	Teamwork for an operation: how to build non-technical skills for faster, safer surgery
S16.3	ICL	Why do surgeon, anaesthetist and physio need to be joined at the hip?
S16.4	ICL	How do we train this hip preservation team?
S16.5	FP	TBC
S16.6	FP	TBC
S16.7	FP	TBC
S16.8	FP	TBC

**16:30 - 18:30 UW4 – Hip & Groin Ultrasound Workshop**

**19:30 – 23:00 Congress Gala Dinner (optional ticketed event)**

Casino de Madrid

Coaches depart the Melia Castilla



**Saturday 19 October**

## **The Auditorium**

### **Plenary Sessions**

**08:00 – 09:00 PL2 – ISHA Trainee Basic Research Award & The Richard Villar Trainee Excellence in Clinical Research Award Finalist Presentations**

- PL2.1 TBC
- PL2.2 TBC
- PL2.3 TBC
- PL2.4 TBC
- PL2.5 TBC
- PL2.6 TBC

## **The Auditorium**

**09:00 – 09:30 PL3 – ISHA Travelling Fellows Presentations**

- 09:00 – 09:15 PL3.1 Dr Lee Ekert, Canada
- 09:00 – 09:30 PL3.2 Mr Pranai Buddhdev, United Kingdom

## **The Auditorium**

**09:30 – 10:30 ISHA AGM**

**10:30 – 11:00 Refreshment Break, Trade Exhibition and Posters**

## **Closing Session**

### **The Auditorium**

- 11:00 – 11:30 Keynote – The future of hip preservation
- 11:30 – 12:00 Presidential guest speaker

12:00 – 12:15 Awards

Richard Villar award for best trainee's presentation

Best basic science research

Best physiotherapy research

Top score in virtual hip arthroscopy

Best hip preservation team poster

Joseph McCarthy Scholarship Award

ISHA Award for Lifetime Achievement

12:15 – 12:20 Presidential Handover

12:20 – 12:40 Presidential Address

12:40 – 12:55 Look forward to ISHA 2020

12:55 -13:10 Close

**Confirmed Faculty to Date (subject to change)**

Dr. Bernardo Aguilera	Colombia
Dr Pedro Amenabar	Chile
Mr Tony Andrade	United Kingdom
Dr Stephen Aoki	United States
Mr Carlos R Arriaza	Guatemala
Dr Olufemi (femi) Ayeni	Canada
Dr Jit Balakumar	Australia
Dr Paul Beaulé	Canada
Prof Martin Beck	Switzerland
Professor Srino Bharam	United States
Dr Med. Nicolas Bonin	France
Dr Mat Brick	New Zealand
Dr Jason Brockwell	Hong Kong
Dr Robert Buly	United States



Dr JW Thomas Byrd	United States
Dr Chuck Cakic	South Africa
Dr Carlomagno Cardenas-Nylander	Spain
Dr Dominic Carreira	United States
Mr Patrick Carton	Ireland
Dr Ana Castel	Spain
Professor Ji Wu Chen	China
Dr John Christoforetti	United States
Dr John Clohisy	United States
Dr Fernando Comba	Argentina
Dr Pedro Dantas	Portugal
Prof Michael Dienst	Germany
Dr Benjamin Domb	United States
Dr Dan Drawbaugh	United States
Dr Leandro Ejnisman	Brazil
Prof Richard Field	United Kingdom
Dr Christian Foronda	Chile
Dr Boris Garcia Benitez	Spain
Professor Christoph Gebhart	Austria
Dr Brian Giordano	United States
Dr Juan Gómez-Hoyos	Colombia
Professor Damian Griffin	United Kingdom
Dr Carlos Guanache	United States
Dr Joshua Harris	United States
Professor Per Holmich	Denmark
Professor Victor Ilizaliturri	Mexico
Mr Vikas Khanduja	United Kingdom
Dr Jovan Laskovski	United States
Dr Frederic Laude	France
Dr Bent Lund	Denmark
Dr Travis Maak	United States
Dr. David Maldonado	United States
Dr Rodrigo Mardones	Chile
Dr Oliver Marin-Peña	Spain



Dr Hal Martin	United States
Dr Jesus Mas	Spain
Asst Prof Richard Mather III	United States
Dr Dean Matsuda	United States
Dr Joe McCarthy	United States
Dr Omer Mei-Dan	United States
Mr Claudio Mella	Chile
Dr William Meyer	United States
Dr Nick Mohtadi	Canada
Dr David Morgenstern	Israel
Dr Ricardo Munafo	Argentina
Dr Jeffrey Nepple	United States
Dr Shane Nho	United States
Dr Philip Noble	United States
Dr Juan Nossa	Colombia
Dr Derek Ochiai	United States
Professor John O'Donnell	Australia
Dr Ru-Yu Royal Pan	Taiwan
Dr Cecilia Pascual-Garrido	United States
Dr Luis Perez-Carro	Spain
Dr Marc Philippon	United States
Dr Lauren Pierpoint	United States
Dr Marcelo Queiroz	Brazil
Dr Claudio Rafols	Chile
Dr Filippo Randelli	Italy
Dr Ehud Rath	Israel
Professor Paulo Rego	Portugal
Dr Manuel Ribas Fernandez	Spain
Dr Juan Ribera	Spain
Dr Hassan Sadri	Switzerland
Dr Marc Safran	United States
Professor Hatem Said	Egypt
Dr Michael Salata	United States
Dr Thomas Sampson	United States



Dr Richard Santore	United States
Professor Klaus Siebenrock	Switzerland
Dr Parminder Singh	Australia
Professor Al Stubbs	United States
Professor Moritz Tannast	Switzerland
Dr Marc Tey Pons	Spain
Dr Raul Torres	Spain
Professor Soshi Uchida	Japan
Dr Hajime Utsunomiya	Japan
Dr Geoff Van Thiel	United States
Mr Richard Villar	United Kingdom
Dr Hugh West	United States
Dr Andrew Wolff	United States
Asst Prof Thomas Wuerz	United States
Professor Pil Whan Yoon	South Korea
Dr Chritoph Zilkens	Germany