



17 - 19 OCTOBER 2019
MADRID, SPAIN

Co-Chairs: Benjamin Domb (USA)
& Christoph Gebhart (AUT)

ISHA 2019

Wednesday, 16 October 2019
Melia Castilla Hotel and Convention Centre, Madrid Spain

Principles in Hip Preservation
Instructional Pre-Conference Course
English Speaking Programme
Castilla Room

www.ishaconference.com



Host Chairs:
Dr Oliver Marín Peña
Dr Luis Pérez Carro

Programme Chair:
Professor Damian Griffin



ISHA
The Hip Preservation Society

Join now at
www.ishasoc.net

Wednesday 16 October

Provisional Principles in Hip Preservation: English Speaking Programme

08:30 - 10:30 PHP.E.1 - Diagnosis of the Painful Hip **Castilla Room**

Co-Chairs: Benjamin Domb (USA) & Christoph Gebhart (AUT)

08:30 - 08:35	Introduction	Benjamin Domb (USA)
08:35 - 08:45	History and physical exam	Ajay Lall (USA)
08:45 - 08:55	Subjective scores and objective measures	Nick Mohtadi (CAN)
08:55 - 09:05	Radiological assessment	Moritz Tannast (CH)
09:05 - 09:15	The pathology: femoroacetabular impingement syndrome	Matthew Brick (NZ)
09:15 - 09:25	The Pathology: Acetabular dysplasia	Ehud Rath (ISR)
09:25 - 09:35	The Pathology: SUFE and Perthes'	David Morgenstern (ISR)
09:35 - 09:45	Conservative treatment and surgical indications	Hugh West (USA)
09:45 - 10:30	Discussion	

10:30 - 11:00 Refreshment Break

11:00 - 13:00 PHP.E.2 - Surgical Management **Castilla Room**

Co-Chairs: Benjamin Domb (USA) & Christoph Gebhart (AUT)

11:00 - 11:05	Introduction	Christoph Gebhart (AUT)
11:05 - 11:15	Hip Arthroscopy Surgical Set-Up: position, portals	Andrew Wolff (USA)
11:15 - 11:25	Arthroscopy of Central Compartment: management of the labrum, ligamentum teres and cartilage lesions	Joe McCarthy (USA)
11:25 - 11:35	Arthroscopy of peripheral compartment: management cam deformity and capsule	JW Thomas Byrd (USA)
11:35 - 11:45	Arthroscopic Management of Peritrochanteric Space: coxa saltans, bursitis, gluteus tear, sciatic nerve pathology	Jovan Laskovski (USA)
11:45 - 11:55	Mini-anterior Approach: surgical technique	Ajay Lall (USA)
11:55 - 12:05	Safe Surgical dislocation: surgical technique	Moritz Tannast (CH)
12:05 - 12:15	Periacetabular osteomy: surgical technique	Marcus Bankes (UK)
12:15 - 13:00	Discussion	

13:00 - 14:00 Lunch

14:00 - 16:05 PHP.CD.1 - Case Discussions

Castilla Room

Co-Chairs: Oliver Marín Peña (SPA) and Benjamin Domb (USA)

14:00 - 14:17	Case 1 - Sustained Olympic success after impingement surgery	Oliver Marín Peña/ Jesús Ángel García Bragado (SPA)
14:18 - 14:35	Case 2 - Arthroscopic treatment for collapsed femoral head in a young military recruit	Pil Whan Yoon (KOR)
14:36 - 14:53	Case 3 - Where is the pain coming from?	Dominic Carreira (USA)
15:54 - 15:11	Case 4 - Rehabilitation following ligamentum teres debridement and capsular plication in a mobile patient	Amir Takla (AUS)
15:12 - 15:29	Case 5 - FAI in congenital osteochondromatosis	Juan Gomez-Hoyos (COL)
15:30 - 15:47	Case 6 - The various forms of instability	Omer Mei-Dan (USA)
15:47 - 16:05	Case 7 - Bilateral groin pain in a 29-year-old professional football player	Jesus Mas (SPA)

16:05 - 16:30 Refreshment Break

16:30 - 18:30 PHP.E.3 - Special Situations

Castilla Room

Co-Chairs: Benjamin Domb (USA) & Christoph Gebhart (AUT)

16:30 - 16:35	Introduction	Benjamin Domb (USA)
16:35 - 16:45	Arthroscopic Management of hip Micro instability and Dysplasia	Dominic Carreira (USA)
16:45 - 16:55	Open/Arthroscopic Treatment of SCFE and Perthes disease	Thomas Wuerz (USA)
16:55 - 17:05	Torsional Abnormalities	Omer Mei-Dan (USA)
17:05 - 17:15	Update of Surgical Management of Cartilage Damage	Jan Somers (BEL)
17:15 - 17:25	Deep Gluteal Syndrome and Sciatic Nerve Dysfunction: Diagnosis and treatment	Ehud Rath (ISR)
17:25 - 17:35	Extrarticular Impingement: Subspine syndrome, psoas impingement, trochanteric impingement and ischiofemoral impingement	Derek Ochiai (USA)
17:35 - 17:45	Complications and Risks of Hip Preservation	David Morgenstern (ISR)
17:45 - 18:30	Discussion and Conclusion	